PINACLE IS HOSTING BOOT CAMPS IN THE PARK THIS JUNE

FOR A GOOD CAUSE!





Dedicated to Delivering Results

What it's all about!

When: Every Monday in the month of June

Time: 7:30 – 8:15 PM

Where: Gibson Park Elmira – First street beside John Mahood School

Who: EVERYONE is welcome! Pinacle members and non-members!

Why: To help out a local Charity – Kate's Kause

Details: This is a donation class – all are welcome to attend – all donations go the cyclist team for Kate's Kause Everyone who wishes to participate must sign up online and bring the printable ticket (shown below) every Monday evening. IF you show up every Monday with your printable ticket, you have the chance to **WIN** an awesome prize!

(signing up helps us know how many to expect each class)

YES! I want to participate in a fun evening of exercise for a good cause every Monday evening for the month of June!



REGISTER TODAY at <u>www.pinaclehealthandfitness.com</u> or by calling 519.669.9122

Pinacle Health & Fitness Inc www.pinaclehealthandfitness.com