

Kate's Kause Cycling Team



Thank you for your interest in riding as part of the Kate's Kause team at the 2013 Centurion Cycling Canada event. It will surely be an amazing ride and experience for everyone. Below you will find some information and commitment requirements to be a part of our team. Our goal is to gain exposure and raise funds for Kate's Kause. Kate's Kause (www.kateskause.com) is dedicated to Angelman Syndrome awareness and inclusive community projects.

About Angelman Syndrome

- Affects only 1 in 15 000 live births
- Characterized by a severe developmental delay
- 5000 diagnosed cases in North America, only 1000 cases in Canada
- Little to no verbal skills
- poor motor skills
- severe to profound mental handicap
- possible sleep and seizure disorders
- require 24/7 care for their entire life, making independent life impossible

About Centurion Cycling



Centurion Cycling combines the mass-participation buzz of a big-city marathon with the epic feel of riding in a stage of the Tour de France. If you want to race, you can race. If you'd rather ride, you can ride. Centurion Cycling events feature: Epic courses in unique venues, standardized format and set distances, high quality of production including a mass start, chip timing, controlled traffic and full support. They also offer an expo village and amazing opportunities for charities.

Our team will be riding as a social charity team in the Canada event at the **Blue Mountain Resort**, Collingwood on **September 13-15, 2012**. Visit <http://centurioncycling.com/canada/> for more information. To see the 2012 highlight video visit check out the Kate's Kause Cycling website at <http://kateskausecycling.weebly.com/> and click on the video.

Commitment & Requirements

As you can imagine, we require a certain level of commitment to join our team.

- \$150 minimum fund-raising amount for Kate's Kause (using the online donation page or using the attached pledge sheet)
- Register with Centurion Cycling and pay the cost of entry (approx. \$100) before July 1st
- Review and meet the Centurion Cycling Canada requirements - <http://centurioncycling.com/canada/key-info/>

Rider Perks

Each rider on the Kate's Kause team will receive the following

- FREE Primal Custom designed team jersey
- Swag bag full of goodies
- Organized training rides and events
- Personal pledge website to make getting pledges simple

Are you competitive?

- Fund-raising above and beyond the minimum of \$150 will be rewarded with some great prizes!
- Top fundraiser gets free entry into next year's event and a prize

Feel free to contact us if you have any questions.

Joe Meissner

cycling@kateskause.com

<http://kateskausecycling.weebly.com>



Kate's Kause

Dedicated to Angelman Syndrome awareness and inclusive community projects.

Kate's Kause Cycling Team



2013 Rider Registration

Name: _____ Phone: _____

Address: _____

email address: _____

Jersey size (please circle): XS S M L XL XXL XXXL

MEN					WOMEN					
Size	Waist	Chest	Weight	Height	Size	Waist	Chest	Hips	Weight	Height
X Small	26	33-35	100-120	Up to 64"	X Small	22	30-32	31-33	90-110	Up to 62"
Small	29	36-38	120-145	64"-68"	Small	23	32-34	33-35	95-120	Up to 62"
Medium	32	39-41	145-165	66"-70"	Medium	25	34-35	35.5-36.5	120-140	63-68"
Large	35	42-43	165-180	68"-72"	Large	27	36-37	37.5-38.5	140-155	67-71"
X Large	38	44-46	180-210	70"-76"	X Large	29.5	38.5-40	40-41.5	155-165	70-73"
XX Large	42	47-49	210-240	74" and over	XX Large	31	40-41.5	41.5-43	165-175	72-75"
XXX Large	46	50-52	240+	74" and over	XXX Large	32.5	41.5-43	43-44.5	175-180	72-76"

*samples may be available for fitting

Riders must commit to fund-raising at least \$150 for Kate's Kause to be on the team. Also, please be aware that each rider is responsible to cover the cost of the Centurion Cycling Event (~\$100). In return for your hard work you will receive organized training rides, social events, a swag bag and this custom designed cycling jersey.



Signature _____

Date _____

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